

# Good and Sweet



Four-wall, 32 count  
Absolute Beginner level linedance  
Choreographed by Norman Gifford

**MUSIC:** Sugar and Pai - The Boots Band

*(Chassè right, touch, chassè left with ¼ turn left, brush)*

- 1-4 Right step side left together; right step side, left touch by right  
5-8 Left step side; right together, left step side turning ¼ left, right brush (9:00)

*(Toe-heel struts forward; rocking-chair)*

- 1-2 Right toe touch forward; drop heel taking weight  
3-4 Left toe touch forward; drop heel taking weight  
5-8 Right rock forward; left replace; right rock back; left replace <E>

*(K-step)*

- 1-2 Right step forward diagonal; left touch together  
3-4 Left step back center; right touch together  
5-6 Right step back diagonal; left touch together  
7-8 Left step forward center; right touch together

*(Mambo-step forward, hold, mambo-step side, hold)*

- 1-4 Right rock forward; left replace; right together; hold  
5-8 Left rock side; right replace; left together; hold

## BEGIN AGAIN

<E> **ENDING:** On counts 5-8 of last wall (you will be facing 6:00),  
replace the mambo-step with:

*(Chase-turn ½ left, hold and pose)*

- 5-8 Right step forward; pivot turn ½ left; right step forward; "pose"